

# Adventist Development & Relief Agency COUNTDOWN –

*You can make a difference*

**28 March – 12 April (19 April, London)** For lots of interesting things to do and to find out more about ADRA's projects, go to [www.adra.org.uk](http://www.adra.org.uk)

butter and also eat it themselves.

## Sabbath 28 March

Do you know the theme for the 2009 ADRA appeal? It is '**you + ADRA = hope**'. During this event you can help others have better health and happiness. This will give them hope.

## Sunday 29 March

In Myanmar



a family has only one to feed and clothe them all. Ask your parents how much it costs to feed your family for one meal. Yes, the family in Myanmar needs your help.

## Monday 30 March

Do a sponsored walk or money to help the Myanmar.



swim to collect families in Myanmar.

## Tuesday 31 March



ADRA is building ponds to provide clean water in 30 Myanmar villages.

Today, every time you turn the tap on to get a glass of water, pray that the money you give to ADRA will soon help these ponds to be built.



## Wednesday 1 April

Can you find Myanmar on the map? The old map will have it named as Burma. How long will it take the ADRA workers to fly from the UK to Myanmar?

## Thursday 2 April



450 goats have been purchased by ADRA to give to the poor farmers so they can make butter from the goats' milk. They can sell the

## Friday 3 April



How much money can you collect from your sponsored swim or walk? Every penny you give to ADRA will give happiness and hope to many boys and girls.

***We need to collect £50,000.***

## Sabbath 4 April

Look at your world map and find Somalia in North Africa. This is one of the poorest countries in the world. People live on less than 70 pence a day.



## Sunday 5 April

Ask family & friends to sponsor you for every text message or email you send this week. Is there some other thing you would prefer to do to get sponsorship?

## Monday 6 April

ADRA wants to help the people in Somalia by



building windmills and solar-powered water systems.



Find out how these work and why people need them.

## Tuesday 7 April

Starting a business to produce 10,000 cooking stoves is another way ADRA is helping the poor in Somalia. Doing this will employ people so they will get a wage and be able to feed their children.



***We need to collect £135,000.***

## Wednesday 8 April

Some children, in our country, find life difficult. Your money will help sponsor projects in the inner cities. Ask someone to sponsor you for every smile you do today.

## Thursday 9 April

With your family, pray especially for the volunteers who look after the



children and adults with physical or mental challenges at Aberdaron – an ADRA-sponsored holiday in North Wales.

Also pray for the Adventist Special Needs Association's volunteer training programmes, which ADRA supports.

***We need to collect £30,000.***

## Friday 10 April

Today we remember how Jesus lived and died. He came to earth to show how we can be unselfish and help others.



***We need to raise £55,000 to help people who suddenly are affected by floods and famines.***

## Sabbath 11 April

Count up your sponsorship money. Draw some pictures of the people enjoying the clean water from the ponds in Myanmar, building windmills in Somalia or the children at



Aberdaron playing while they are on holiday at the seaside.

**Sunday 12 April**

Happy Easter! Jesus is alive! Spend time thinking about what a difference it would make to the people ADRA is helping if they knew this good news about Jesus too.



**Monday 13 April**

Another part of the world that needs your support is Zambia. In the west of that country your money will provide help to farmers. What can you do this week to raise funds?



The N'Gurdam Leydi project, which means "protection of the earth" is another way ADRA is supporting people in Burkina Faso. ADRA is providing water and soil conservation to help



stop the land turning into a desert. Over 6,000 farmers and 30 villages will benefit. Altogether 40,000 people will be wanting to thank you and all those who collect money to help them.



***We need to raise £45,000.***

**Tuesday 14 April**

Look on your map for Burkina Faso in West

Africa. In the province of Bazèga, ADRA is deepening 30 wells, repairing 15 bore-holes, & making 2 new ones, building 9 new wells and 3 dams.



***£80,000 is needed to do these projects.***

**Friday 17 April**

In 2008 ADRA shipped a container with 7,500 shoeboxes to Guyana. Did you help to fill a shoebox? You can do it this year too. Find out from the ADRA UK poster in your church what you can do.



***£100,000 is needed to do these projects.***

**Wednesday 15 April**

Count how many times a day you switch on your tap for water. Work out how many litres you use. Think how happy the people and animals in Burkina Faso will be because you have helped them have a better water supply.



**Saturday 18 April**



Before you go to sleep, thank God for the water in your taps and the good food you eat. Pray that the people you are helping will enjoy these too.

**Sunday 19 April**

Work out how much you have collected from sponsorship and the other ways you have earned money. Hand it in at church. Find out how much your church has collected. Thank you for the special ways you have helped ADRA.

**TOTAL COLLECTED:**

**Thursday 16 April**

Find & colour in the countries where you and ADRA are making a difference

