



GLOBAL CONFERENCE ON
WOMEN'S
MENTAL HEALTH

General Conference WOMEN'S MINISTRIES DEPARTMENT Resource list

NATIONAL WEBSITES

<http://nihseniorhealth.gov/depression/aboutdepression/01.html>

http://findarticles.com/p/articles/mi_m0651/

<http://www.healthfinder.gov/default.aspx>

http://whqlibdoc.who.int/hq/2000/WHO_MSD_MDP_00.1.pdf

<http://www.nmhd.org.uk/>

<http://www.nimh.nih.gov/health/publications/women-and-depression-discovering-hope/complete-index.shtml>



National Women's Health Resource Center

healthywomen.org

<http://www.healthywomen.org/>

NIMH

National Institute
of Mental Health

<http://www.nimh.nih.gov/index.shtm>



National Institutes of Health

The Nation's Medical Research Agency

<http://www.nih.gov/>



Reservoir

National Mental Health Information Resources

<http://www.coolware.com/health/joel/mhealth.html>

womenshealth.gov

<http://www.womenshealth.gov/>

The Federal Government Source for Women's Health Information



<http://www.iawmh.org/about.htm>



<http://www.nmha.org/>



http://www.thl.fi/en_US/web/en/



<http://www.nri-inc.org/>



<http://www.iom.edu/CMS/3704.aspx>

The Louis de la Parte Florida Mental Health Institute

USF UNIVERSITY OF SOUTH FLORIDA.

■ Search USF
■ USF Site Map
■ USF Home

<http://home.fmhi.usf.edu/>



<http://www.olsoncenter.com/home/>

INTERNATIONAL WEBSITES

www.ucsf.edu/whrc/
<http://www.womens-health.com/>
www.nytimes.com/specials/women
http://www.who.int/mental_health/en/
<http://www.wfmh.org/>



<http://cmhr.anu.edu.au/>



AFFIRM
THE AUSTRALIAN FOUNDATION FOR
MENTAL HEALTH RESEARCH



University of Ottawa
Institute of Mental
Health Research

<http://www.imhr.ca/index-e.cfm>

NARSAD
*The World's Leading Charity Dedicated
to Mental Health Research*

<http://www.narsad.org/research/apply/independent>



<http://www.mbni.med.umich.edu/mbni/index.html>

DEPRESSION WEB SITES AND RESOURCES

- **Screening for Depression**
<http://cpmcnet.columbia.edu/>

Guidelines for physicians from the Guide to Clinical Preventive Services, Second Edition, prepared by the U.S. Preventive Services Task Force.

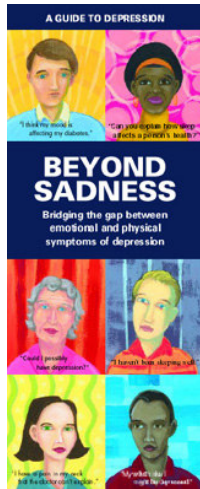
- **APA Help Center**
<http://helping.apa.org/>
The American Psychological Association public information page, including articles for patients on stress, depression and other issues.
- **Alcoholics Anonymous**
<http://www.alcoholics-anonymous.org/>
Contact information and a fact file on the pioneering 12-step program founded in 1935.
- **Health Insight: Depression**
<http://www.ama-assn.org/>
Information from the American Medical Association's Health Insight.
- **More than the blues**
<http://www.ama-assn.org/>
Information from the Journal of the American Medical Association Patient Page.
- **What You Should Know About Women and Depression**
<http://www.apa.org/>
Facts from the American Psychological Association on women and depression.
- **depression-screening.org**
<http://www.depression-screening.org/>
Information and a confidential online screening test from the National Mental Health Association.
- **National Foundation For Depressive Illness**
<http://www.depression.org/>
Information on causes, symptoms and treatment of depressive illnesses.
- **Intelihealth: Depression**
<http://www.intelihealth.com>
Depression information from Johns Hopkins.
- **The National Depressive and Manic Depressive Association**
<http://www.ndmda.org/>
Online pamphlets on depression and information on local chapters and support groups.
- **Women and Depression**
<http://www.nimh.nih.gov/>
Information on awareness, recognition and treatment from the National Institute of Mental Health.
- **MEDLINEPlus: Depression**
<http://www.nlm.nih.gov/medlineplus/depression.html>
A directory of federal and foundation information from the National Library of Medicine.
- **Clinical Depression in Women: Clinical Depression is not a "normal" part of being a woman**
<http://www.nmha.org>
Information from the National Mental Health Association

- **American Association of Suicidology**

<http://www.suicidology.org/>

Information on suicide prevention, with a directory of suicide hotlines.

BROCHURES

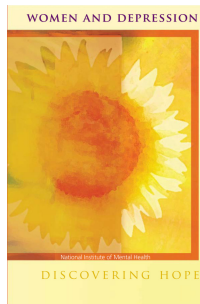


Depression Brochure BEYOND SADNESS

Available in 12 Languages

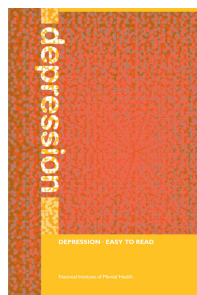
<http://www.med.umich.edu/depression/brochures.htm>

The University of Michigan Depression Center is pleased to provide the brochure Beyond Sadness, translated in 12 languages to download online. Beyond Sadness is unique in providing information on both the emotional and the physical symptoms of depression. Examples of such symptoms might be digestive problems or prolonged, unexplained nagging aches and pains. The brochure includes a new depression symptom checklist, suggested conversation starters for talking to your doctor, and a list of websites and phone numbers for getting more information.



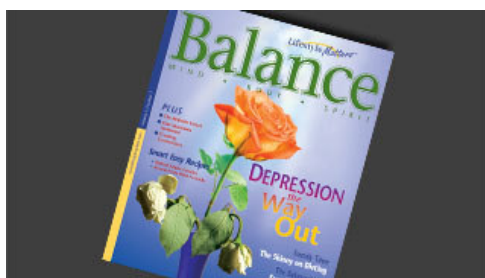
<http://www.nih.gov/>

A booklet that describes the symptoms, treatment and factors contributing to depression that are unique to women. (2008).



<http://www.nih.gov/>

A detailed booklet that describes Depression symptoms, causes, and treatments, with information on getting help and coping. (2007)



http://www.lifestyl matters.com/Balance_7_-_Depression_-_The_W_P65C10.cfm If you suffer from Depression, you're not alone. It affects more than 20 million adults and 3 million teens in the U.S. The good news is--there IS a way out of depression!